







The Grapevine



<p>Monday 17th January</p> 	<p>10:00am 10:30am 1:30pm 1.30pm</p>	<p>Coffee and a Chat at Polly's Café Cooking in Rosemary's Theatre Find-a-word at Polly's Café Men's movie afternoon in Rosemary's Theatre</p>
<p>Tuesday 18th January</p> 	<p>10:00am 10:30am 1:30pm</p>	<p>Coffee and a Chat at Polly's Café Bocce in Rosemary's Theatre Better Balance in Rosemary's Theatre CANCELLED</p>
<p>Wednesday 19th January</p> 	<p>10:00am 10:30am 12:45pm 1:30pm</p>	<p>Coffee and a chat at Polly's Café Word Games in Rosemary's Theatre Walking Group—Meet at Polly's Cafe Trivia Quiz in Rosemary's Theatre</p>
<p>Thursday 20th January</p> 	<p>10:00am 10:30am 12:45pm 1:30pm</p>	<p>Coffee and a chat at Polly's Café Bingo in Rosemary's Theatre Walking Group—Meet at Polly's Café Movie in Rosemary's Theatre</p>
<p>Friday 21st January</p> 	<p>10:00am 10:30am 12:45pm 1.30pm</p>	<p>Coffee and a chat at Polly's Café Indoor Bowls in Rosemary's Theatre Walking Group—Meet at Polly's Cafe Bus outing drive to Lake McIntyre and Millicent, includes afternoon tea</p>
<p>Saturday 22nd January</p> 	<p>10:30am 1.30pm</p>	<p>Bingo in Rosemary's Theatre Movie in all units</p>

Polly's Café opening hours

9:00am – 4:00pm Monday, Wednesday,
Thursday & Friday
9:00am – 3:00pm Tuesday

Closed weekends and
Public Holidays

Correct at time of issue, activities may change

Residents will be informed via information board or verbally.

Due to the current circumstances this may happen at short notice.

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Lorraine Moore attends the Boandik Wellness Centre hydrotherapy pool once a week, usually accompanied by Volunteer Chris O'Carroll. Lorraine thoroughly enjoys her time spent in the pool and she comments "we are very lucky to have such a lovely pool and that I get to come to a fabulous place like this every week".

Lorraine was an avid swimmer in her younger years and has not lost any of her ability or agility!



St Mary's cooking group was happy to get back into the swing of things making chicken and vegetable soup first up for the year.

During the cooking sessions residents reminisce of their cooking experiences from the past and this week the discussion was "what was the favourite soup you made or your mother made". Celia said that lamb shank soup was her favourite while the other ladies said they enjoyed all vegetable soups.



Yummm!

